

# CACFP

**The Child and Adult Care Food Program**  
Serve healthy meals. Receive financial support.



## **Afterschool Programs** **At-Risk Snack – Supper**

**Learn more. Contact the DC CACFP Office at (202) 442-4010.**

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# Child and Adult Care Food Program Afterschool Programs

## What is CACFP?

The Child and Adult Care Food Program (CACFP) was founded in 1968 to provide federal funds for healthy meals and snacks served in child care centers and family child care homes. The Program provides:

- Monthly financial subsidy,
- Training and technical assistance,
- Nutrition education, and
- Food safety information.

Meals must meet the Federal guidelines. In addition to cash reimbursement for lunches and suppers, the USDA donates cash-in-lieu of commodities to participating institutions in the District of Columbia.

CACFP supports the service of nutritious meals and snacks to children and adult participants of eligible day care programs, child care centers, Head Start centers, afterschool programs, family child care homes and emergency shelters. CACFP also provides meals to children residing in emergency (homeless, domestic violence and runaway) shelters as well as to youth participating in at-risk afterschool care programs. CACFP has also been made available to adult day care centers serving chronically impaired adults or people over age 60.

## CACFP & Afterschool Programs

Afterschool programs may receive reimbursement for snacks and suppers served to children after school, on holidays, during school breaks, and on weekends.

Eligible afterschool programs may be operated by schools, local government agencies, some for-profit organizations, or private nonprofit organizations, such as community or faith-based organizations. These afterschool programs may participate in CACFP independently or as sponsored sites.

## Afterschool Eligibility Checklist

- Current satisfactory fire inspection
- Site is located in a low-income area
- Program offers educational or enrichment activities such as: homework assistance, tutoring, arts and crafts, life skills or physical activities. *Programs that solely involve competitive sports teams, such as the varsity football team, are not eligible.*
- Certified Food Handler Certification

## Eligible Children

- Children up to the age 18, including those who turn 19 during the school year, that are participating in the afterschool program.

## CACFP Benefits

- Receive financial reimbursement to support the cost of your program's food service.
- Receive tips on healthy meal planning.
- Help make sure that DC's children have access to healthy meals during the after school hours.

**Example: If you serve 50 children five nights a week.**

**Supper:** Receive approximately **\$26,932.50\*** in federal funding to supplement your supper budget in a year.

**Snack:** Receive approximately **\$6,840\*** in federal funding to supplement your snack budget in a year.

*\*Based on fiscal year 2012 rate and a 180 day school year.*

## The CACFP Meal Program

### Meal types

Cold or Hot Suppers, such as:

- Turkey sandwich, apple, carrot sticks, low-fat milk
- Bean soup, carrots, peaches, cornbread, low-fat milk

Snacks, such as:

- Raisin bread with peanut butter

### Meal reimbursement for FY2012

Programs may receive reimbursement for up to one snack and one supper per child each day. Programs may only receive reimbursement during the school year.

The reimbursement rate for each meal served is:

- Supper: \$2.77, plus \$0.2225 for cash-in-lieu of commodities
- Snack: 76 cents

### Meal preparation

Self-preparation:

- Programs may employ cooks, purchase food and prepare meals from scratch each day.

Vended Meals:

- Programs may have meals delivered by a licensed catering company. You will receive guidance from CACFP on how to initiate this process.